

Drugs that Can Cause Depression

Some prescription drugs can cause depression. Here are some examples:

Nytol and other over-the-counter sleeping aids containing diphenhydramine

Diazepam (Valium), alprazolam (Xanax), and other prescription antianxiety medications known as benzodiazepines

Medicines prescribed to strengthen the heart such as digitoxin (Crystodigin) and digoxin (Lanoxin), known as digitalis medicines

Prescription medications for high blood pressure and angina such as propranolol (Inderal) and other beta blocker drugs

Reserpine (Ser-Ap-Es) and other high blood pressure medications that are prescribed to control nerve impulses

Alcohol