

**University of Miami (UM) Anxiety Research Study Breakthrough Concludes Bach(TM) Flower Rescue(R) Remedy Effectively Relieves High Situational Stress Levels**

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MIAMI, June 25 /PRNewswire/ -- For 40 million anxiety sufferers in the United States who do not respond well to traditional drugs such as Prozac and Paxil, there is now help to alleviate their distress without worrying about potentially dangerous side effects. This is especially welcome news for young children and teenagers who have had a higher incidence of suicide from taking anti-anxiety medication.

In a newly published study by the University of Miami School of Nursing in conjunction with The Sirkin Creative Living Center (SCLC), researchers found that using a natural remedy that is created from wildflowers has a comparable effect to the more traditional pharmaceutical drugs without any of the known adverse side effects including addiction.

Dr. Robert Halberstein of the University of Miami states, "The results of our study indicate that this time-tested and safe product could be of great value to the general public." Rescue(R) Remedy offers hope to millions of American anxiety sufferers. There is now scientific evidence for a natural option.

Bach(TM) Flower Rescue(R) Remedy (a homeopathic product) used in this study published in *Complementary Health Practice Review*, January, 2007, has been popular inside and outside of the medical community for more than 70 years. Commonly used in times of crisis, Rescue(R) Remedy rapidly relieves feelings of fear or panic, and reduces trauma or even post traumatic stress. The number one selling homeopathic remedy for stress relief in the US, "Rescue(R)" can be used by adults, children or infants.

The founder of SCLC, Alicia Sirkin, said "Because Rescue(R) Remedy sells over-the-counter anyone can buy it without a prescription. It belongs in everyone's medicine cabinet."

**About The Sirkin Creative Living Center**

The (SCLC) provides education and educational resources for both individuals and groups. Alicia Sirkin, BFRP, published author, popular speaker, and leading expert on the Bach(TM) Flower Remedies, holds a place on the international practitioners' register maintained by the Edward Bach Foundation. For more information visit: <http://www.flowerhealing.com/> or call The Sirkin Creative Living Center at 888-875-6753.

Available Topic Expert(s): For information on the listed expert(s), click

appropriate link. Alicia Sirkin, BFRP  
<http://profnet.prnewswire.com/Subscriber/ExpertProfile.aspx?ei=63600>

The Sirkin Creative Living Center

CONTACT: Alicia Sirkin, founder of The Sirkin Creative Living Center,  
+1-305-666-5958, [alicia@flowerhealing.com](mailto:alicia@flowerhealing.com)

Web site: <http://www.flowerhealing.com/>

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